

## **Marwan's Juicy Patties**

*Delicious from the inside out*



### **What is a Jamaican Patty?**

The Jamaican Patty is a baked crust filled with delicious goodness – whether chicken, beef, fish, or vegetarian. Patties are an everyday street food for most Jamaicans – it's an easy, affordable, satisfying meal.

Many cultures have their version of a stuffed bread or pastry: the empanada of Spain and Latin America, the Italian calzone, the British and Australian pasty, the Indian samosa, the Greek spanakopita, and the American Hot Pocket®.

Americans are always on the go and often looking for a tasty alternative, so the Jamaican patty is a natural fit with the modern lifestyle. You can enjoy a warm patty with a salad for lunch, bring a dozen to add spice to a potluck dinner, surprise and satisfy guests at a Super Bowl party, or just pop one or two in a toaster oven to bring with you when you're hungry and in a hurry. The Jamaican patty will never let you down.



*beef patties and Jamaican ginger beer*



*"baby" patties*

Jamaican patties make a satisfying on-the-go meal that have the potential to become an important part of American fast food culture, just like the hamburger, the taco or pizza.

Unlike hamburgers and tacos, they go well with coffee and make a fast "to-go" morning meal for the busy person to help them avoid skipping breakfast.

### **Marwan's Juicy Patties: Delicious From The Inside Out**

We have found the tastiest curry chicken, spice beef, mild beef, vegetarian cabbage and vegetarian spinach patties in the United States, and have ideas for developing our own patty recipes in the future. So far we have had a very positive response.



*cabbage patty*